

Lesson 3: Add A and S Review F, D, J, K, L, ;



The Left Hand

- The home row keys for the left hand are: **f d s a**
- Position your left hand so that your index finger is on **f**, your middle finger is on **d**, your ring finger is on **s** and your pinky is on **a**
- Check that your left hand is raised and your fingers are curved and pointed down at the keys.
- Feel for the raised dot on the F key. This guides your finger to the home row without using your eyes.
- Keep your RIGHT hand in position on the home row. Your pinky will be used for the enter key.
- You will use your RIGHT thumb on the space bar.

We will begin with the first 2 left hand keys: **f d and reviewing j**

Listen to your teacher say the keys...then chant the letters back aloud as you key them in on your keyboard. Get into the group rhythm. If you make a mistake...don't try to back up and correct---Keep going. Get your fingers set, and continue with the next set of letters.

Left Index Finger to Start:

fff fff fff fff (now add your RIGHT index finger for J) jjj jjj jjj

fff jjj fff jjj fff jjj fjf fjf fjf fjf

fff fff jjj jjj fjf jjj fff fjf fff fff

Now add your Right Middle Finger for D

ddd ddd ddd ddd

Back to Right Index finger: fff fff fff fff

Alternate:

ddd fff ddd fff ddd fff ddd fff

ffd ffd ddd ddf ddf fdf fdf ddd

Now a New Key: s (Using your 3rd finger/ring finger)

sss sss sss sss (review D-2nd finger) ddd ddd ddd

sss ddd sss ddd sss ddd sss ddd sss ddd

sss ddd (review F-1st finger) fff fff ddd ddd sss

fff ddd fff sss fff ddd fdf fdf ddd fdf

sss fds fds fds sss sdf sdf ssf ssf sdf

sss ddd fff sss sds sds sds sss fff fss

(Rest for 90 seconds)

Pick your hands up and find the home row. Feel for the raised dot on F with left hand, the raised dot on J with right hand. Your right thumb should rest on the space bar without pushing it down. Practice sliding your pinky to the enter key.

Index finger-F

fff fff (think about D-middle finger) ddd ddd ddd fff fff ddd

fdf fdf fdf fff ddd dff dff (think about S-ring finger) sss sss

sdd sdd fff fff fdd fdd sss ddd fff fss fss fsd ddd

New Key-A (Using your Left pinky finger)

aaa aaa aaa aaa fff fff fff (think-pinky finger for A) aaa aaa
aaa fff aaa fff afa afa fff aaa (think –middle/2nd finger for D) ddd
ddd aaa fff add add ffa ffa faa faa ddd fad fad
(think -3rd finger for S) sss sss aaa aaa sss ddd ddd fff fff fas
aaa aaa sss sss ddd ddd fff fff asdf asdf asdf asdf asdf
aaa sss sss ddd fff (think right hand index/first finger-J) jjj jjj
aaa sss jjj aaa sss jjj jjj sss aaa aaa asj asj
asj asj jjs jjs ajj ajj (think D-2nd/middle finger) ddd asd
asd asd ddd jjj jjj asdj asdj asdf (adding more right hand fingers)
jjj jjj (K-right 2nd finger) kkk jkk jkk jkj kkk aaa sss
aaa sss ddd fff asdf asdf jjj kkk ll asdf asdf jkl jkl
jjkk jjkk jkl jkl ::: ::: jkl; jkl; jkl; asdf asdf jkl;

(Rest 90 seconds.)

Practice getting in the Home Row—Ready position.

- Feel for the bumps/dots on F and J
- Let your fingers fall into position
- Rest thumb on space bar

asdf asdf jkl; jkl; jkl; asdf asdf jkl; jkl;

Drop your hands to your lap. Repeat the Exercise. Do not look at the keyboard. Do it by feel.
asdf asdf jkl; jkl; asdf asdf jkl; jkl;

Repeat (3 more times)